

The Psychic Link

Herbal Bath Directions

Bring 8 cups of water to a boil. Add bag and let sit for 15-20 minutes. Take a shower while you are waiting. Wash hair and body thoroughly in the shower because you will not be able to use soap while you are bathing in your spiritual bath. Run bath water like normal and **DO NOT** add any soap to the water. Light candle and pour tea mixture in water and bathe for 15-20 minutes. Be sure to cover every part of your body with the water and rinse hair also.

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