

Kit contains

- Psychic Votive
- Psychic Mist
- Psychic Oil
- Herbal Psychic Bath

Step One Charge Your Candle

Begin by rubbing the oil into the candle from the bottom toward the center, then from the top to the center. As you are doing this focus on the area between your two eyes. This is an energy center, known as a "chakra," which activates clairvoyance. This chakra area contains a "third eye," which supplies psychic pictures in answer to your questions. As you breathe, look for and notice an oval shape resting horizontally between your two eyes. Notice whether this "third eye" has its eyelid closed, open, or partially open. If the eyelid is closed or partially closed, ask it to open. Reaffirm your willingness to release the fear of seeing psychically. Once the eye is open, you will be rewarded with a blissful feeling of warm love, as you are reunited with a long-lost part of yourself.

Step Two Lighting Your Candle

Light your candle on a Monday fifteen minutes before any hour. (example 4:45, 5:45, etc.) As you light your candle say "I am willing to release all fear of seeing my future." Clairvoyant images generally come in one of four ways: as a single picture inside your mind's eye; as a single picture that you see outside your mind's eye; as a movie image inside your head; or a movie image outside your head. The pictures can be black and white or full color. Sometimes, they may appear as a painting or a cartoon.

Step Three Herbal Bath

Follow the directions for the herbal bath.

Psychic Mist

The mist can be used as a room spray or body spray. Each time you spray concentrate on your third eye opening. Best sprayed before doing a reading

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